

WHAT TO EXPECT DURING Pregnancy

How to handle dietary concerns and
nausea.

What medications are safe for colds and
other ailments.

Important immunizations to consider.

TUES JAN 21 6PM

WATER STREET

FREE to all community
members & registered
patients.

THURS MAR 13 3PM

PIONEER PARK



sign-up: patient@wrnplc.ca