



Vaccines for Children and Teens

Fall is approaching, and for many children and teens, the school season has arrived. There are exciting days of learning and memories ahead – and it is important to do all that is possible to stay healthy! Immunizations are a vital part of keeping children and communities healthy, and are a safe, effective way to provide protection against many severe diseases.

After infant vaccines, there are routine vaccinations at **ages 4-6, grade 7** (at your healthcare provider's office) and **ages 14-16**. Afterwards, there are routine adult immunizations. **Don't forget annual flu vaccines – children aged 6 months and up are eligible!**

What routine vaccines are given?

Age 4-6:

- Measles, Mumps, Rubella, Chickenpox (4-in-1 vaccine)
- Tetanus, diphtheria, pertussis, and polio (4-in-1-vaccine)

Turning 12 years old in 2021 and all ages up:

- COVID vaccine (2 doses or as recommended)

Grade 7 – done at your healthcare provider's office (not the school):

- Meningococcal group- ACWY
- Human Papillomavirus (HPV) (2 doses)
- Hepatitis B (2 doses)

Age 14-16:

- Tetanus, Diphtheria, Pertussis (3-in-1 vaccine)

Flu vaccine – annually from 6 months and up.

Book an appointment with your provider if:

- Your child needs **any** of the above vaccines **OR** missed vaccines **OR** you are unsure of their vaccines.
- Your child is in **grade 7 or grade 8** and missed vaccines in school (not done last year).

Did you know there are additional vaccines your child may receive? Talk to your provider about travel vaccines (before you go on vacation) and meningococcal (group B) vaccines (some children and teens/young adults in college/university residences).

Always remember to keep records of your child's or teen's vaccine and **notify Public Health** of any changes.

For more information on the above vaccines and diseases they protect against, please go to: https://www.health.gov.on.ca/en/public/programs/immunization/static/immunization_tool.html